



A TO Z

FUNDRAISING

FIND YOUR BIG IDEA:

- ABSEIL
- BUNGEE JUMP
- CAKE STALL
- DARTS MATCH
- EATING COMPETITION
- FANCY DRESS DAY
- FOOTBALL TOURNAMENT
- GIVE IT UP (QUIT BAD HABITS!)
- HIKE THE HILLS
- JEANS TO WORK DAY
- KARAOKE NIGHT
- LIVE-STREAM MUSIC NIGHT
- MANAGE A MARATHON
- NAME THE...TEDDY/DOG (YOU CHOOSE!)
- OFFICE COLLECTION
- PRESS UP CHALLENGE
- QUIZ NIGHT
- RECIPE BOOK
- SKILLS AUCTION
- TEA PARTY
- UGLY JUMPER COMPETITION
- VEGANUARY (OR ANY MONTH!)
- WATERWAY CLEAN UP
- XBOX/PLAYSTATION TOURNAMENT
- YOGA SESSION
- ZIP WIRE

Or, you could fundraise via Charity Challenge. The Healthcare Workers' Foundation has partnered with Charity Challenge to offer a wide range of exciting challenges and experiences which raise money for frontline healthcare workers. Here are some of our favourites to give you an idea:

- TREK THE LAKE DISTRICT PEAKS OR TO MACHU PICCHU
- BIKE FROM LONDON TO PARIS
- CLIMB SNOWDEN AT NIGHT
- CHALLENGE YOURSELF TO CLIMB TO KILIMANJARO

You can find lots more ideas on the [Charity Challenge website](#).

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ONCE YOU HAVE YOUR BIG IDEA:

Let your family, friends and work colleagues know what you are doing. You can increase the number of people who learn about your event or challenge by using social media and by signing up with an online fundraising site - especially important if your challenge involves sponsorship and getting those donations in before you embark on your 'big idea'.

Volunteer fundraisers can set up their own fundraising pages to fundraise for us. The Healthcare Workers' Foundation is registered and set up on [JustGiving](#) and [GoFundMe](#).



WE CAN HELP SUPPORT YOUR FUNDRAISER:



Of course we want your event or challenge to be a huge success, giving you a feeling of achievement and the knowledge that you have helped to make a difference by supporting the Healthcare Workers' Foundation.

Tell us about your 'big idea' once you've planned it and we can support your fundraising. We can provide you with all fundraising materials to help plan and promote your event, as well as the other important points to consider to ensure you have a successful, safe and fun fundraising event.

 fundraising@healthcareworkersfoundation.org



www.healthcareworkersfoundation.org

Registered Charity Numbers: 1189737 in
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 Registered with
**FUNDRAISING
REGULATOR**